

Bikram Yoga Ridgefield  
Registration and Release Waiver of Liability

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ Zip Code \_\_\_\_\_

Home # \_\_\_\_\_ Cell # \_\_\_\_\_ Email \_\_\_\_\_

Referred By \_\_\_\_\_

Emergency Contact Information:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_

In consideration of and as inducement to enrolling as a student of **Bikram Yoga Ridgefield, LLC, 609 Main Street, Ridgefield, CT 06877**, I represent and agree to the following:

- 1) I have been examined by a licensed physician during the past six months and have been focused by such physician to be in good health and fully able to perform all yoga exercises which I am to learn and perform during my enrollment with you.
- 2) I will faithfully follow all instructions given me by you and your instructors as to when, where, and how to perform and not to perform yoga exercises, it being understood that any deviating by me from such instruction shall be at my own risk.
- 3) I will not hold you, your partners, instructors, employees, or landlord responsible for any injuries suffered by me caused whole or in part by my failure to faithfully follow the instructions of you or your instructors or by any physical impairment of mine not fully disclosed to you in writing
- 4) I knowingly, voluntarily and expressly waive any claim I may have or acquire against Bikram Yoga Ridgefield LLC or the landlord for any injury, condition or damages that I may sustain as a result of entering or being on the premises, use of the facilities, including but not limited to the Yoga studio, Yoga practice area, changing rooms, showers, restrooms and entering or leaving the building
- 5) I, my heirs or legal representative, forever, release, waive, discharge and covenant not to sue Bikram Yoga Ridgefield, LLC or the landlord for any injury, condition or death which may arise, or is caused or aggravated by reason of my participation in the yoga classes, workshops and other programs.
- 6) The tuition paid herewith and such registration fees paid hereafter are non-refundable; such refunds if any, as are made shall be entirely within the discretion of Bikram Yoga Ridgefield, LLC.
- 7) It is my continuing responsibility to inform the instructor(s) at Bikram Yoga Ridgefield LLC of any previous medical conditions, injuries, or surgeries prior to my first class and at other such time as I acquire information as to same. On the bottom of this paper I have stated any previous conditions, ailments, injuries and/or surgeries.
- 8) I will not hold Bikram Yoga Ridgefield, LLC liable for any personal possessions that may be lost or stolen.

I have read the above Registration and Release/Waiver of Liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

Date \_\_\_\_\_ Signature \_\_\_\_\_

Please list any previous and/or current conditions, ailments, injuries and/or surgeries: \_\_\_\_\_

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